

*Paving Ways
Saving Lives*



*“An overview of
a pioneering
Institution in
Digestive Diseases”*



MEDINDIA HOSPITALS
C H E N N A I

DIGESTIVE CARE & MORE
SINCE 1986

Digestive Diseases Institution
ISO 9001 : 2015 Certified



MedIndia Hospitals,
63/83, Valluvarkottam High Road,
Nungambakkam, **CHENNAI** – 600 034.
Tamil Nadu, **INDIA.**

www.medindiahospitals.com

Chairman's Message



Ever since I graduated from Madurai Medical College in 1979, followed by MD in Internal medicine and DM in Gastroenterology from the Post Graduate Institute of Medical Education & Research, at Chandigarh in 1985, I have been fortunate to travel in tandem with the challenging and ground breaking advances in the field of Gastroenterology, Endoscopy and Hepatology.

Today the field of Gastroenterology has branched into several subspecialties like advanced therapeutic endoscopy including SpyGlass™ cholangioscopy, capsule endoscopy, enteroscopy, third space endoscopy, endoultrasonography (EUS), pancreatology, hepatology, luminal & motility disorders, G.I. surgery, Laparoscopy, cancer care etc.

The pace of developments is such, no longer an individual gastroenterologist can hope to master all the procedures and manage complex cases.

Taking stock of this reality, MedIndia Hospitals has organized a team of highly qualified and trained gastroenterologists, complementary to one another with areas of interest in different subspecialties.

Health care delivery in the present time is a team effort. At MedIndia Hospitals, we provide an appropriate, advanced and diligent care to patients by a team of specialists- gastroenterologists, surgeons, intensivists and internists, with the objective of offering the state of the art treatment.



Best Regards

Dr.T.S. Chandrasekar,

MD, DM, D.Sc, FACC, FRCP (Edin, Glasg, Ireland, London), FASGE. MWGO

Hon. National President,

Indian Society of Gastroenterology (2016-2017)

Padma Shri Awardee in Medicine - Gastroenterology (2016)

Master of World Gastroenterology Organisation (2019)



MEDINDIA HOSPITALS - SERVICES

A one stop Gastroenterology Centre

MedIndia Hospitals have a panel of highly qualified dynamic gastroenterologists headed by Dr.T.S. Chandrasekar, a well known Interventional Gastroenterologist of international repute.

We have highly experienced doctors in Cardiology, Nephrology, Haematology, Pulmonology, Oncology and interventional Radiology and Intensivists in our panel to provide holistic patient care.

The wide range of services we offer at MedIndia Hospitals makes it a one stop gastroenterology centre, with highly dependable expertise to provide contemporary solutions for most medical and surgical gastrointestinal problems.

ICU

A well manned ICU with the 'state-of-the-art' equipment, trained medical and paramedical personnel, headed by a team of experienced intensivists and multi-specialty consultants, is available 24 x 7, to efficiently manage Gastrointestinal emergencies like acute abdomen, G.I. Bleed, foreign body ingestion, acute necrotizing pancreatitis, acute liver failure, surgical abdomen, complications of liver cirrhosis etc.

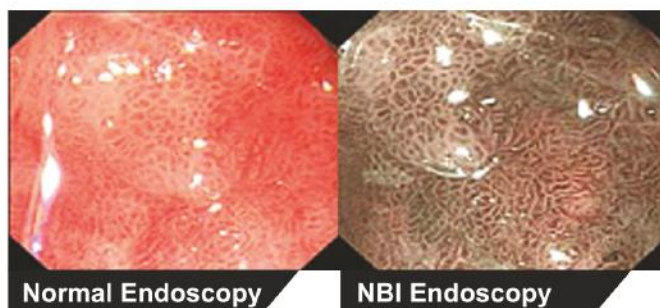
Advanced Endoscopy Unit

Early Detection of Cancer

Endoscopic screening provides tremendous lead-time in the diagnosis and management of GI Cancers, paving the way for a possible cure

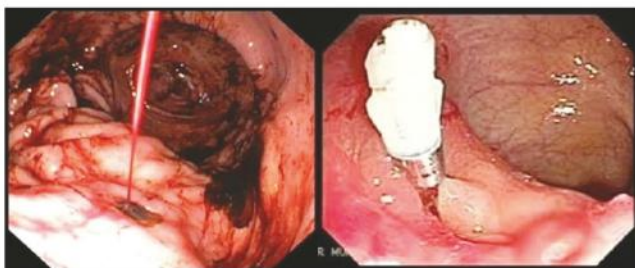
Our Endoscopy system is equipped with Narrow Band Imaging (NBI) which is a novel contrast-enhancing technique that uses optical filter such that blue light in NBI reveals superficial structures to enable detailed inspection of the microvasculature.

With NBI, it is possible to detect GI cancers quite early with irregular mucosal and vascular patterns that are associated with early neoplasia.



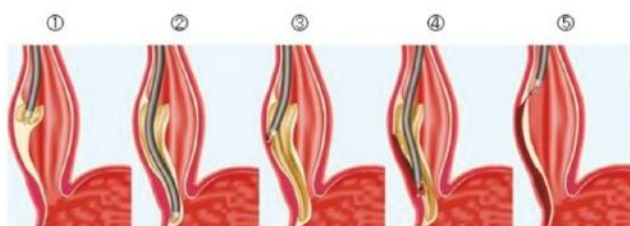
- **Diagnostic Endoscopy Procedures** namely UGI scopy, Colonoscopy, Enteroscopy, EUS and Capsule endoscopy and
- **Therapeutic Endoscopy Procedures** namely polypectomy, stricture dilatation, hemoclippping, ESD, EMR, APC, EUS – FNA and POEM are being performed regularly & cost effectively by a team of well qualified professionals.





Ulcer Bleeding Controlled with Endoscopic Hemoclip

Per Oral Endoscopic Myotomy (POEM) for Achalasia Cardia



Pancreatico – Biliary division

Unresolved vexatious Pancreatico Biliary disorders are being handled efficiently at MedIndia.

Cholelithiasis and choledocholithiasis

Our team has expertise to manage most complex hepato - biliary and pancreatic disorders. MedIndia is well equipped with **SpyGlass™ technology and Holmium Laser Lithotripsy** for managing complex CBD stones, indeterminate biliary strictures and pancreatic stones.



Holmium Laser Lithotripter

ERCP

Endoscopic Retrograde Cholangio Pancreaticography

We have this state-of-the-art facility and expertise to manage

- Large Bile Duct Stone
- Post Operative Biliary Leak
- Palliative stenting for malignant biliary obstruction
- Pancreatic Pseudocyst drainage
- Pancreatic Ductal stone, stricture and leak



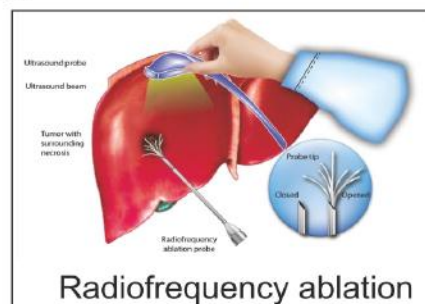
ERCP -
Bile duct stone removal for obstructive Jaundice

Pancreatic disorders

Pancreatic ascites and pancreatitis due to pancreas divisum can have dramatic relief through expert management including stenting. Matching surgical expertise for managing chronic pancreatitis exists at MedIndia to provide lasting solutions.

Radio frequency ablator

This recently introduced facility is meant for palliation of advanced tumors of biliary tract endoscopically, liver tumors percutaneously and pancreatic tumours endosonologically.

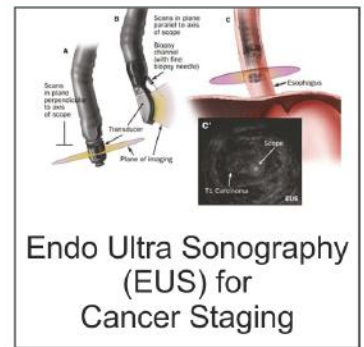


Radiofrequency ablation



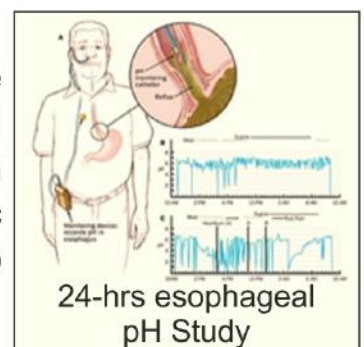
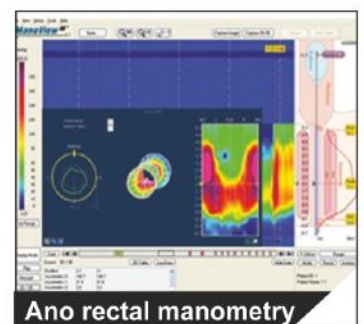
EUS (Endo Ultrasonography)

- Radial EUS is for the evaluation of lesions within the wall of the esophagus, stomach and rectum
- Linear EUS is useful for
 - (1) Taking Biopsy / FNAC of mediastinal and intraabdominal lymphnodes, left lobe of liver and pancreatic tumour
 - (2) Pancreatic Pseudocyst drainage
 - (3) Endoscopic Pancreatic Necrosectomy



Services & Facilities - To Manage the following Luminal Diseases

- Functional bowel disorders including dyspepsia, functional heartburn, Irritable bowel syndrome and chronic abdominal pain.
- Gastrointestinal infections including Helicobacter pylori, mycotic and parasitic diseases.
- **Esophageal Lab**, which comprises UGI scopy, high resolution manometry, timed barium swallow study, 24 hrs esophageal pH and impedance study, enables comprehensive understanding of esophageal symptoms. This paves way for offering right solutions for complex esophageal disorders.
- **High resolution Esophageal Manometry** installed at MedIndia Hospitals is essential for objective evaluation of dysphagia, esophageal motility disorders including Achalasia cardia of all types, non-cardiac chest pain and pre operative evaluation for Laparoscopic fundoplication.
- **24-hr esophageal pH & Impedance**, yet another facility available with us is the Gold standard in the diagnosis of Gastro Esophageal Reflux Disease (GERD). This test is especially indicated in patients who are refractory to PPIs, patients with non-cardiac chest pain of suspected esophageal origin and also prior to planning anti-reflux surgery.
- **Impedance** testing, by detecting acidic, alkaline and gaseous reflux, as well as the extent of the reflux, helps in the diagnosis of belching disorders and extra-esophageal symptoms of GERD like chronic cough, asthma and laryngitis.
- **Small bowel diseases:** Malnutrition, malabsorption, and other disorders of nutrient assimilation are worked up and treated diligently in our department.
- **Large bowel diseases:** Colonoscopy for screening of cancer and expert management of inflammatory bowel diseases- ulcerative colitis, Crohn's disease, pseudomembranous colitis, polyps and diverticular diseases.



- **Constipation Relief Lab:** It comprises the following investigatory modalities colonoscopy, colonic transit time study and anorectal manometry to differentiate normal and slow transit constipation from defecatory disorder. A common problem like refractory chronic constipation is investigated in this lab. Bio feedback therapy, the mainstay in the treatment of defecatory disorder is offered at our institution.
- **Locally advanced obstructive oesophageal, malignant gastric outlet obstruction and colonic cancers** are managed by palliative stenting to provide relief in inoperable cases.



Stenting of malignant growth

Hepatology

- **Chronic liver diseases (CLD): Expert management is offered for**
 - Decompensated CLD related to alcohol, chronic viral hepatitis, NASH, auto immune hepatitis and drug induced hepatic injury etc.
 - Portal hypertension and its associated complications like ascites with paracentesis
 - Bleeding oesophageal and gastric varices with endoscopic variceal ligation (EVL), sclerotherapy and glue injection.
 - Patients requiring Liver transplant with pre-transplant work-up and post transplant follow up
 - Appropriate patients requiring Liver Biopsy – (percutaneous and transjugular)
 - Evaluation of obscure and prolonged jaundice.



Variceal Banding



HARMONIC SCALPEL

Advanced Laparoscopic and Open Surgical services

The well-equipped modern laminar-flow-installed Operation Theatre (OT) with surgical pendant, laser, 2nd generation harmonic scalpel and advanced anesthesia work-station lends itself for carrying out a range of advanced abdominal surgeries of stomach, colon, hepato-biliary system, pancreas and complex hernias including emergencies.

Our surgical Gastroenterology team has rich experience in a wide range of laparoscopic surgeries including laparoscopic cholecystectomy (LC). The corrective surgeries for post-operative bile leak, bile duct strictures are routinely managed here with optimal results. Frey's procedure and Whipple's surgery for cancer of pancreas are routinely done here.



Anaesthesia Workstation

Management Team : Needless to say, we have highly efficient administrative staff in the quality assurance department, diet counselling division and MRD with digitized data documentation backed by the hospital information system and institutional ethical and research committee to coordinate all the said facilities in proper perspective for providing optimized and cost effective treatment to our patients.



For Further assistance or any patient related services kindly contact

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Mr. V.J. Sivaraman : +91 98409 93135

Mrs. Sundari : +91 98409 93132
Mr. Sasidharan : +91 98409 94562

Our Team



Dr.B. J. Gokul

MBBS & MD - Gen. Med. (Madurai Medical College)
DM - Gastroenterology (Madras Medical College)
Post-Doctoral Fellow in Advanced G.I. Endoscopy
(TN Dr MGR Medical University)

Areas of interest:

Advanced Therapeutic Endoscopy

Areas of Expertise:

ERCP, Endo-ultrasonography (EUS) and
Third Space Endoscopy – Per Oral Endoscopic Myotomy
(POEM) for Achalasia Cardia, Endoscopic Mucosal resection
(EMR) and Endoscopic submucosal Dissection(ESD).



Dr. M.S. Prasad

MBBS -Andhra Medical College, Vizag
MS (General Surgery) -Kilpauk Medical College, Chennai
Sr. Consultant Surgeon & Endoscopist

Areas of interest:

Complex Incisional Hernias,
Laparoscopic Surgery.



Dr. S. Sathiamoorthy

MBBS (Madras Medical College)
MD – Gen. Med (GR Medical College, Gwalior)
DM - Gastroenterology (Stanley Medical College)
Post-Doctoral Fellow in Advanced G.I. Endoscopy
(TN Dr MGR Medical University)

Areas of Interest :

Hepatobiliary Pancreatology

Areas of Expertise :

ERCP, Spy Glass Cholangio - Pancreatocopy,
Laser Lithotripsy & Critical Care.



Dr. Raja Yogesh K.

MBBS, MD -Gen. Med., DM-
Gastroenterology (Madras Medical College), MRCP-SCE (GE)
Post-Doctoral Fellow in Advanced G.I. Endoscopy
(TN Dr MGR Medical University)

Areas of Interest :

Luminal Gastroenterology, Advanced Endoscopy Imaging

Areas of Expertise :

Motility Disorders, 24 Hr. pH & Impedance,
Capsule Endoscopy, GI Manometry, Balloon
Enteroscopy & Clinical Research.



Dr. (Mrs.) B. Ramathilakam,
MD, DM (Gastro)

MBBS, MD –Thanjavur Medical College
DM – Madras Medical College

Areas of Interest :

Medical Education,
Hospital Administration & Training Program.



Dr. S. Thirugnanasambandam,

MBBS–
Mohan Kumaramangalam Medical College, Salem
DNB (Anaesthesia), DA – Stanley Medical College,
Chennai.
Anaesthesiologist and Intensivist

Areas of Interest :

Total Intravenous Anaesthesia
& Critical Care.

Surgical Gastroenterologists on our Panel



Dr. D. Kannan, MS, M.Ch



Dr. P. Sathish, MS, M.Ch



Dr. S. Jeswanth, MS, M.Ch



Dr. S.M. Chandramohan, MS ,M.Ch

Medical Advisory Board



Dr.K. Raghuram, MD, DM



Dr. M. Ahmed Ali, MS, M.Ch, D.Sc

About MedIndia Institution :

MedIndia Institution comprises of Hospital, Academy, Research Foundation, Charitable Trust and Environmental Rehabilitation & Protection Society.



The Hospital is affiliated to The Tamil Nadu Dr. MGR Medical University. Apart from the regular outpatient and in-patient clinical services round the clock, our hospital offers Post-Doctoral fellowship program in Advanced G.I. Endoscopy and Ph.D. course by affiliation to the above said University.



The Academy has so far successfully organized 10 International Conferences, 26 National Conferences and over 200 Weekly city Gastroenterologists meetings to propagate the advances in GE and share the experience of challenging cases.

The Research Foundation has been concentrating on the clinical and basic research activities tailor made to the need of our patients and has published several of our observations in the peer reviewed journals.



The Charitable Trust (Donations, to help the poor and needy, are exempted under 80 G of Income Tax Act. Registered with the Dept. for the welfare of differently abled, Government of Tamil Nadu) has carried out focused socio-medical relief work for persons with disabilities, in-particular, the visually and hearing impaired and physically and mentally challenged school students. It also conducts regular cancer screening and mass media public health awareness programs for the general public.



MedIndia Environmental Rehabilitation & Protection Society (MERPS), is an awareness creation organization, seeking to conserve, preserve and safeguard the existing environmental resources and where possible, to repair damage and reverse trends. It primarily focuses on water conservation, air pollution, afforestation, land fertility, green belt and global warming.



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